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28 May 2024

Dear Dr Noreika

Reference number: QME24.0084 Study title – Sleep and circadian interactions with sensory sensitivity in adults with intellectual disabilities

The research ethics application for the study detailed above has been reviewed by the Queen Mary Ethics of Research Committee (Panel X) on 28/05/2024.

I am pleased to inform you that, based on the information provided, the above study has been **approved** with advice.

The Panel have raised the following points that they wish to share with you as advice only. You are not under obligation to implement these recommendations, nor do you to respond further to the Ethics Committee. Please check with the HRES whether you can leave leaflets in NHS surgeries and clinics. Doing so might still count as recruiting from the NHS.

Date of Approval: 28/05/2024 Proposed End Date: 31/05/2027

Extensions and Amendments:

<u>Amendments to the research after approval</u> or extensions to the study beyond the expiry date given above must be submitted via 'Create Sub Form' in the QMEthics system.

Annual Progress Report:

Annual Progress Reports must be submitted via 'Create Sub Form' in the QMEthics system on the 12month anniversary of the QMERC's approval letter and every year after that, until study completion.

Adverse Events:

In case of any unexpected or adverse events or deviations from the proposed protocol as per the original QMERC application, please contact the Research Ethics Facilitators: <u>research-ethics@qmul.ac.uk</u>

Final Report:

When your study has finished, an <u>End of Study Notification Form</u> should be submitted to the QMERC via 'Create Sub Form' within the QMEthics system (within 90 days of study completion).

To respond to any comments in this letter, please do so via the online ethics system.

1. Log into your study.

- 2. Click on the correspondence tab.
- 3. Click new correspondence and type in your message.

We wish you the best for your research.

Yours sincerely,

Dr Claire-Elise Willems

Research Ethics Facilitator on behalf of the Queen Mary Ethics of Research Committee.

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